



LAW 2

The Law of Awareness

You Must Know Yourself To Grow Yourself

I. Do You Have A Sense Of direction ?

A. To grow yourself, you must know the following:

1. Your strengths
2. Your weaknesses
3. Your interests
4. Your opportunities

A. To reach your full potential, you MUST know where you are,
and where you want to be.

II. There are three kinds of people when it comes to finding direction:

A. People who don't know what they would like to do.

They are confused.

B. People who know what they want to do, but don't do it.

They are frustrated.

C. People who know what they want to do, and do it.

These people are fulfilled.

THE 15 INVALUABLE LAWS OF GROWTH



III. How To Find Your Passion and Purpose

A. Discuss the need for personal “ awareness .”

1. What does it mean to be personally aware?

B. Do you like what you are doing now ?

C. What would you like to do ?

D. Can you do what you would like to do?

E. Do you know why you want to do what you would like to do?

F. Do you know what to do so you can do what you want to do?

1. Awareness – Becoming very conscious of every choice you make.
2. Action – The major difference between those who do it and those who don't do it, is those who do it, do it.
3. Accountability – This can be shared accountability with a friend or coach, or personal accountability.
4. Attraction – Who are the people you are attracting? Are they like-minded in success?

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G. Do you know people who do what you'd like to do?

This is the question of mentors and coaches – do you have one or more?

1. Get committed – if you have to, pay people for their time and advise.
2. Be consistent – Meet regularly with someone who can help you.
3. Be creative – Learn from people even if you can't meet them.
4. Be purposeful – Prepare for every interaction: don't wing it!
5. Be reflective – Reflect on each encounter and discover what you are learning.
6. Be grateful – ALWAYS show appreciation for what you are learning from others.

H. Should you do what you would like to do with them?

If you find a mentor, you have some responsibilities to this relationship:

1. Possess a teachable spirit
2. Always be prepared
3. Ask questions
4. Demonstrate learning from them
5. Be accountable

If you are a mentor, you should focus your teaching on the following areas:

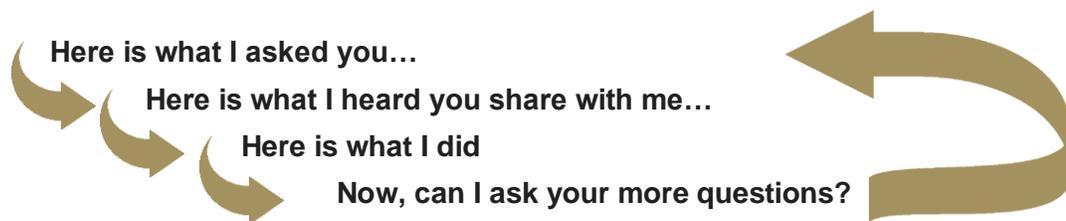
1. Strengths
2. Temperament
3. Track Record
4. Passion

THE 15 INVALUABLE LAWS OF GROWTH



5. Choices
6. Advice
7. Support and resources
8. Feedback
9. Encouragement

In the mentoring relationship, it is important for the mentee to explore his/her own learning by observing this process:



The goal is to find a mentoring relationship that is mutually beneficial.

- I. Will you **pay the price** _____ to do what you want to do?
- J. When can you **start doing** _____ what you'd like to do?
- K. What will it **be like** _____ when you get to do what you want to do?



OVERCOME GROWING PAINS *(Specific Steps to Amazing Growth)*

Spend a significant amount of time and answer these questions for your own life:

- What would you like to do?
- What talents, skills and opportunities do you possess that support your desire to do it?
- What are your motives for wanting to do it?
- What steps must you take (beginning today) to start doing what you want to do?
 - Awareness
 - Action
 - Accountability
- What advice can you get along the way?
- What price are you willing to pay?
- What will it cost in time?
- Resources?
- Sacrifices?
- Where do you most need to grow?

Start with strengths and the future more than weaknesses and the past.